



Registered Yoga School (RYS)
Phyllis Johnston, M. Ed., E-R.Y.T.
205 E. Water Street, Suite C
Centreville, MD 21617
410 310 6803

www.everybodyyoga.biz info@everybodyyoga.biz

Advanced Yoga Studies/Registered Yoga Teacher Training 2017/18 Schedule

Total cost of program is \$3,120. If you make all payments by cash or check, there is a \$120 savings which will be reflected in your final payment.

IMPORTANT DATES

Application due: August 15, 2017 with \$250 application fee

If accepted:

September 1, 2017 - 1st payment of \$2,000 due

November 17, 2017 - Remaining balance of \$870 (\$750 if all payments made by cash or check) due

Weekend Schedule

Fridays 6 – 9 pm
Saturdays 8am – 5 pm
Sundays 8am – 4 pm

PROPOSED 2017-18 Weekend schedule

Oct.6- 8, 2017	Weekend 1
Oct. 27-29	Weekend 2
Nov 17-19	Weekend 3
Dec. 8-10	Weekend 4
Jan. 5-7 2018	Weekend 5
Jan 26-28	Weekend 6
Feb 16-18	Weekend 7
March 9-11	Weekend 8
April 6-8	Weekend 9
April 13-15	Weekend 10 – Make up weekend only if needed because of inclement weather.

Proposed Texts:

Yoga Anatomy by Leslie Kaminoff

Teaching Yoga by Mark Stephens

The Heart of Yoga: Developing a Personal Practice by T.K.V. Desikachar

Every Body Yoga for Beginners DVD

Other DVDs/CDs as needed

Other supplies: journal, 3 ring binder, other notebooks as needed, pen and pencil