



Registered Yoga School (RYS) Advanced Yoga Studies/Teacher Training Program

Every Body Yoga Studio, a Registered Yoga School provides the Registered Yoga Teacher Training. This program, accredited by the Yoga Alliance, is based on the rigorous standards established by the Yoga Alliance for Registered Yoga Teachers, RYT 200.

To complete your program, you must attend all sessions and submit all assignments. Upon completion of our program, you will be awarded a 200 hour teaching certificate from Every Body Yoga Teacher Training Program. This certificate is recognized by the Yoga Alliance as completing the requirements of the 200 hour Registered Yoga Teacher program. You may submit your certificate and appropriate fees to the Yoga Alliance to become registered as a 200 hour RYT.

Qualifications

1. A minimum of one year of yoga practice with a qualified teacher.
2. At least 18 years of age.
3. Willing to attend a weekly yoga class with a qualified teacher, preferably at Every Body Yoga.
4. Ability to attend all teacher training weekends.
5. Ability to observe in person a minimum of 10 hours of yoga classes over the duration of the program.
6. Ability to student teach for a total of 5 hours.
7. Submit a completed application. (Application does not guarantee acceptance.)

Attendance

100% attendance is required. Any missed hours must be completed before graduation. If the instructor is required to spend time with the student to cover missed information, a fee of \$45/hour can be charged. Students who fail to make up sessions or pay their fee will be dismissed.

Sessions begin and end on time. Students are expected to be present and prepared. In the event of medical disability or other extreme circumstances, a leave of absence may be granted at the discretion of the instructor. The student may reapply for the next available training. Any credit would be applied toward this training.

Cancellation due to weather conditions may occur. Additional hours may be added to the program if a cancellation is necessary.

Conduct

Students are required to follow all College and Studio ethics, rules, procedures and regulations; behaving in a professional manner at all times. These policies include but are not limited to:

1. Complete confidentiality of the group
2. No smoking, drug and/or alcohol use on the Every Body Yoga property.

Schedule

Training will be held over 9 weekends. Approximately one weekend every three weeks. (See Schedule page posted on website for specific dates.)

Friday	6 - 9 pm
Saturday	8am - 5 pm
Sunday	8 am - 4 pm

A half - hour lunch break will be given on Saturday and Sunday.

With the consent of all participants, it may be possible to have an additional weeknight class each month to shorten weekend hours or expedite the program.

Outside Assignments

In addition to attending the weekend trainings, outside reading and writing assignments will be given. Most importantly, students will be asked to maintain a daily home practice. This is essential for any teacher and the teacher training program is structured to help you.

Students will be responsible for 20 hours of observing classes (10 hours live observation and 10 hours video). All live observation hours can be accomplished at Every Body Yoga with no additional fees.

Tuition and Fees

The total cost of the program is \$3,120. This includes all 9 weekends of study. *A savings of \$120 is available if all payments are made by check or cash making the total cost \$3,000.*

Payment is due as follows upon acceptance into the program:

- \$250 non-refundable application fee with application (applied to tuition upon acceptance)
- \$2,000 due prior to beginning of program – see schedule page for dates
- \$870 (\$750 if all payments in cash or check) before 3rd weekend

Other Expenses:

Books - Required reading

DVDs - Required teaching tools

Other supplies

(please refer to Schedule Page for list of required texts).

You are responsible for obtaining your own books and DVDs for study guides. You may purchase these where ever you want or borrow them from friends. The instructor will provide additional information about the required materials.

Refunds

Because of the nature of this program and because we limit enrollment to 12 students, **once a student has started the program, refunds will not be issued.** In cases of extreme emergency, a leave of absence may be granted and missed trainings could be made up in the next Teacher Training if available. Leave of absence will be at the discretion of Every Body Yoga.

If the teacher training program is cancelled due to low enrollment, a full refund will be issued for tuition and application fee.

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